



Iberogast Softgel Daily Herbal Supplement

Directions: Adults: Take 1 softgel with a glass of water. For best results, take 3 times a day before or during meals.

Supplement Facts		
Serving Size: One softgel		
	Amount Per Serving	% Daily Value
Calories	5	
Total Fat	0.5 g	1%*
Iron	0.9 mg	5%
Proprietary 6-Plant Blend:	100 mg	**
German Chamomile Extract (<i>Matricaria recutita</i> L.) (flower), Caraway Extract (<i>Carum carvi</i> L.) (fruit), Bitter Candytuft Extract (<i>Iberis amara</i> L.) (whole plant), Lemon Balm Extract (<i>Melissa officinalis</i> L.) (leaf), Licorice Extract (<i>Glycyrrhiza glabra</i> L., <i>Glycyrrhiza inflata</i> Bat., <i>Glycyrrhiza uralensis</i> Fisch.) (root), Peppermint Extract (<i>Mentha x piperita</i> L.) (leaf)		
*Percent Daily Values are based on a 2,000 calorie diet.		
**Daily Value not established.		

Other Ingredients: Olive Oil, Gelatin, Sorbitol, Yellow Beeswax, Water, Glycerin; Less than 2% of: Color (Black Iron Oxide, Red Iron Oxide), Ethanol, Medium Chain Triglycerides, Soy Lecithin.

Contains: Soy, Tree Nuts (coconut), Wheat.

WARNINGS: Do not use this product if you are pregnant, breast-feeding, or are allergic to any ingredients in this product.

If you are taking any medications or have any medical condition, ask a healthcare professional before use.

For adults 18 years of age and older

Not for children

If symptoms worsen, or persist for more than 1 week, consult a healthcare professional. If diarrhea lasts more than 2 days, stop use and consult a healthcare professional.

KEEP OUT OF REACH OF CHILDREN

Do not exceed recommended intake



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If you experience an allergic reaction or other unexpected symptoms, discontinue use and contact your healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Contains alcohol